



# URINARY ISSUES QUESTIONNAIRE

## PATIENT INFORMATION

**Patient Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **AGE:** \_\_\_\_\_  
**Provider:** N. Merhi, MD J. Sun, MD J. Bright-Allott, APN

What is your PRIMARY CONCERN? Number your concerns in order of priority (1- most important 5- least important).

\_\_\_Urinary incontinence w/ activity    \_\_\_Urge incontinence    \_\_\_Urgency/ overactive bladder    \_\_\_Frequency  
 \_\_\_Prolapse    \_\_\_Recurrent Urinary Tract Infections

For the following questions, place an X under the frequency of occurrence or circle the best answer

|   | never   | once a week | once a day | 3-5x/day | all day long | nightly |
|---|---------|-------------|------------|----------|--------------|---------|
| <b><u>Overactivity/ Urgency</u></b>               |         |             |            |          |              |         |
| I have a strong urge to urinate. "I gotta go now" |         |             |            |          |              |         |
| I leak before reaching the bathroom.              |         |             |            |          |              |         |
| When I leak, it is most often:                    | dribble | Small flow  | Large flow |          |              |         |
| I have NO warning before I leak urine.            |         |             |            |          |              |         |
| I can delay going to the bathroom if I need to.   |         |             |            |          |              |         |
| I have wet the bed while sleeping.                |         |             |            |          |              |         |
| Number of times I urinate during the DAY:         | 4-6     | 7-10        | 11-15      | hourly   | -----        | -----   |
| Number of times I urinate during the NIGHT:       | None    | 1-2         | 3-5        | Hourly   | -----        | -----   |

|  |            |           |           |                     |  |
|--|------------|-----------|-----------|---------------------|--|
| <b><u>Incontinence</u></b>                                     |            |           |           |                     |  |
| I have to wear pads (frequency)                                | Never      | As needed | Daily     |                     |  |
| Type of protection that I use                                  | Liner      | Pad       | Super Pad | Absorbent Underwear |  |
| I have to change my protection                                 | Daily      | 2-3x/day  | 3-5x/day  | Hourly              |  |
| I leak during sex  | Not active | Never     | Sometimes | Always              |  |
| <b><u>Prolapse/ UTI's</u></b>                                  |            |           |           |                     |  |
| How many TREATED urinary tract infections in the last 2 years? | None       | 1-2       | 3-5       | 5 or more           |  |
| After I urinate, I still feel like I have to go more.          | Never      | Sometimes | Always    |                     |  |
| When I urinate, it is hard to get started.                     | Yes        | Sometimes | No        |                     |  |
| My flow starts and stops.                                      | Yes        | Sometimes | No        |                     |  |
| I feel a bulge in my vagina ("sitting on a ball").             | Yes        | Sometimes | No        |                     |  |
| I have to strain/ reposition on toilet to finish urinating.    | Yes        | Sometimes | No        |                     |  |
| The flow of my urine is...                                     | Slow       | Average   | Fast      |                     |  |

**Do you have a history of any of the following? (please circle)**

Pain with a full bladder/ urination      Pain with sex      Kidney Infections      Blood in urine      Kidney Stones

Bladder Cancer (year \_\_\_\_\_)      Hysterectomy (year \_\_\_\_\_)      Bladder surgeries (year \_\_\_\_\_)

MEDICATIONS you have tried for your bladder issues: \_\_\_\_\_

If yes to any of the above or anything else related to your issues, please explain:

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